The 16th Annual National Health Information Awards^M



2009 Winners

The National Health Information Awards[™]

In 1994, the *National Health Information Awards*SM program was introduced to recognize the nation's best consumer health information programs and materials. As the first awards program of its kind, it is open to all those who produce materials that address the growing information needs of health care consumers. This recognition program is organized by the Health Information Resource CenterSM, a national clearinghouse for consumer health information professionals.

In May and June of 2009, more than 1,000 entries for the 16th annual *National Health Information Awards*SM were judged by a panel of health information experts. The judges' biographies are listed in sidebars throughout this booklet. Entries were grouped and judged by *Class, Division* and *Category*, with the target audience noted. Using a rating scale of one to 100, each judge evaluated entries for health information content, creativity and overall excellence. The scores were then totaled and averaged. Gold, Silver, Bronze and Merit certificates were awarded on the basis of these averaged scores. (To avoid conflict of interest, no entry submitted by an organization represented by a judge was reviewed by a panel on which that judge served.)

Best of Show Award

Presented to

Univera Healthcare

<u>For</u>

Univera Healthcare's Fun 2B Fit Initiative

In the Category of

Total Health Information Program

Consumer Decision-Making Information

Book

BRONZE 2009 CalorieKing Calorie, Fat & Carbohydrate Counter **CalorieKing Publications** Business (Private) less than

50 employees

BRONZE Heal Pelvic Pain: A Proven Stretching, Strengthening,

and Nutrition Program for Relieving Pain, Incontinence, IBS, and Other Symptoms WITHOUT SURGERY

McGraw-Hill Media/Publishing

MERIT Great American Heart Hoax

> **BenBella Books** Media/Publishing

Booklet/Brochure/Pamphlet

You Can Quit Smoking **GOLD**

The Medical Foundation

Community Organization

(nonprofit)

SILVER Medicare & You 2009

Centers for Medicare & Medicaid Services

Government (Public Sector)

SILVER Vasectomy brochure

Healthy Advice Networks

Media/Publishing

SILVER "Health Savings Accounts:

A Health-Wise Investment

for Your Future"

Optum Health Financial

Services

Business (Private) 50+ employees

OmniPod Pediatrics Marketing SILVER

Brochure

WhyDesignWorks

Consumer Products

BRONZE 2009 Benefit Plan Summary

Blue Cross & Blue Shield Association

Insurance Company

BRONZE How to Use Your Health Plan

(English, Spanish, Chinese

handbooks)

Health Research for Action, **UC Berkeley School of**

Public Health

Education

BRONZE Women & Depression Booklet

MediciGlobal

Pharmaceutical Company

BRONZE The First Fifty Years

Washington Hospital Center Hospital/Health Care System

MERIT ITC Blue Feel Good

DMW Worldwide LLC

Insurance Company

MERIT Senior Health

Intermountain Healthcare

Hospital/Health Care System

MERIT Welcome Baby

> **Pomona Valley Hospital Medical Center**

Hospital/Health Care System

Military Pathways Marketing

Brochure

Screening for Mental Health

Government (Public Sector)

MERIT Plastic Surgery Center Brochure

Summit Medical Group Physician/Group Practice

Calendar

MERIT

BRONZE A Healthier You:

2009 Wall Calendar

Wellmark Blue Cross and

Blue Shield

Insurance Company

MERIT 2008 Live Total Health Calendar

The ROC Group

Business (Private) 50+ employees

Direct Mail

GOLD OmniPod Consumer Dirct Mail

WhyDesignWorks Consumer Products

BRONZE Medicare Resource Guide

Mailing

DMW Worldwide LLC

Insurance Company

MERIT The NIH Stroke Program at WHC

Silver Marketing

Hospital/Health Care System

MERIT Blue Choice Hispanic Campaign

Silver Marketing

Insurance Company

Magazine

BRONZE Healthy Connections

Excela Health

Hospital/Health Care System

BRONZE Get Healthy

Norton Healthcare Marketing & Communications

Hospital/Health Care System

Peninsula Health **MERIT**

Mills-Peninsula Health

Services

Hospital/Health Care System

Healthpoint Magazine **MERIT**

> Mills-Peninsula Health Services

Hospital/Health Care System

2009 JUDGES

Larry Axmaker EdD, PhD of Molalla, OR is mostly retired after a 45-year career as a psychologist, university professor, health educator, and health/medical writer. He continues to write in between trips to warm climates and spending time with his family and friends. Mr. Axmaker is a prostate cancer survivor and recently wrote and illustrated a book: Real Men Get Prostate Cancer Too.

Julie Salefski Blaszak is Vice President, Creative Services at StayWell Custom Communications in Evanston, IL. She leads the Design and Creative Services team of art directors and designers who are responsible for the development of custom print publications for hospitals, health plans, and other organizations nationally. Her responsiblities also include corporate brand identity and marketing outreach, as well as the company website. With 25 years' experience in interactive and direct marketing, she applies this expertise to the development of products that generate consumer response.

Holly Brooks is Marketing Communications Manager for JBS International, Inc. in North Bethesda, MD. JBS is a consulting firm that provides a broad and diverse set of health, education, social, and IT services to government customers and the private sector. Ms. Brooks has over 20 years' experience in the marketing, communications, and publishing fields. At JBS, she oversees the corporate website and manages the development of client and corporate marketing materials. She also serves as a senior marketing specialist for many JBS projects, developing and implementing marketing plans and materials to promote their print and online products.

Susan Cottman is the Associate Editor at Oakstone Publishing, LLC, Birmingham, AL. She has been Managing Editor of Personal Best print and online publications since 1999. Ms. Cottman also serves as oversight officer and specialist in Canadian and lower-literacy publications and custom calendars. She was managing editor of a medico-legal newsletter reporting on disability and injury issues for workers compensation and casualty adjusters for seven years.

MERIT Communicare - Women & Children's Issue **Northeast Georgia Health** System Hospital/Health Care System **MERIT** Real Health

Smart & Strong Media/Publishing

Magazine Ad

BRONZE OmniPod Consumer Ad WhyDesignWorks Consumer Products

Magazine/Newspaper/ **Newsletter Article**

GOLD Supermarket Smarts: Fresh, Frozen, and Canned Poultry **Diabetes Self-Management**

Media/Publishing

SILVER The Key to Your Health **AARP Segunda Juventud** Magazine

Association/Professional Society

Digital images speed care & SILVER fine-tune accuracy

Group Health Cooperative HMO/Managed Care System

SILVER There's a pill for that

Redbook Media/Publishing

What's really in your food? SILVER

Redbook Media/Publishing

SILVER Can Juice Really Make

You Healthier? Shape

Media/Publishing

SILVER 4 Medical Tests That Might

> Save Your Life Shape

Media/Publishing

The Best Ways to Cut 100, 250, SILVER

and 500+ Calories

Shape

Media/Publishing

SILVER Shape's 2nd Annual Best

> **Snack Awards** Shape

Media/Publishing

BRONZE Diabetes Basics:

Eating on the Go

Diabetes Self-Management

Media/Publishing

BRONZE The Fitness Healthy Food Awards

Fitness Magazine of Meredith Corporation Media/Publishing

BRONZE 10 Smart Ways To Slash Your

Health Care Bills

Shape

Media/Publishing

MERIT Carmen Marc Valvo:

> Making A Fashion Statement **AARP Segunda Juventud**

Magazine

Association/Professional Society

MERIT 10 Reasons To Call The

Doctor Now Parents Magazine / Meredith Corp. Media/Publishing

MERIT The New Disease-Fighting Foods

Shape

Media/Publishing

MERIT Turn Back Time, Without Surgery

Shape

Media/Publishing

Newsletter

Advancing Health **MERIT Bloomington Hospital** Hospital/Health Care System

Newspaper/Newsletter Ad

BRONZE Ad / Baseball Orthopedics & Sports Medicine **Multicare Health Systems**

Hospital/Health Care System

Ad / Cardiac 8L Open House **MERIT**

11-15-08

Multicare Health Systems Hospital/Health Care System

Other/Miscellaneous Material

BRONZE Caregiver Getting Started Packet

Centers for Medicare & Medicaid Services

Government (Public Sector)

MERIT The Journey of a Lifetime

Begins Here **Excela Health**

Hospital/Health Care System

MERIT Yes, You Can! Convention Banners

Healthways Consumer Products

Poster

SILVER Restless Legs Syndrome:

Jerks Poster MediciGlobal

Pharmaceutical Company

Look to the Label Poster **MERIT**

Learning ZoneXpress

Business (Private) less than

50 employees

MERIT Not Now!

> **North Carolina Healthy Start Foundation** Community Organization (nonprofit)

Total Health Information Program

Excela Health Orthopedics SILVER

Excela Health

Hospital/Health Care System

The Cancer Survival Toolbox SILVER

> **National Coalition for Cancer Survivorship** Community Organization (nonprofit)

BRONZE Chill Out Challenge Kit

Alere

Business (Private) 50+ employees

BRONZE First Tooth, First Exam

Native American Professional Parent Resources, Inc. Community Organization

(nonprofit)

MERIT Chug-A-Jug Challenge Kit

Alere

Business (Private) 50+ employees

MERIT Babysitter's Training

Participant Set **American Red Cross** Community Organization

(nonprofit)

MERIT Tampa Tribune 4 YOU Ask

The Experts Column

USF Health Communications - University of South Florida

Education

Total Special Health **Event Program**

Children's Hospital Foundation SILVER "Just for Kids" Campaign

Norton Healthcare Marketing & Communications

Hospital/Health Care System

TV Ad

MERIT Renee's Story

Bloomington Hospital Hospital/Health Care System

MERIT Rehab Services at Alta Vista

Ottumwa Regional Health

Hospital/Health Care System

Video

BRONZE Transforming the Patient Experience

> **Dartmouth-Hitchcock Medical Center**

Hospital/Health Care System

BRONZE No More Hand-Me-Down Research Film

> National Heart, Lung, and **Blood Institute and NERI** Government (Public Sector)

MERIT Breastfeeding: You Can Do It!

L.A. Publishing Media/Publishing

MERIT Access to healthcare Video **Spectrum Health Hospitals** Hospital/Health Care System

MERIT St. Barnabas Infomercial

St. Barnabas Health System Hospital/Health Care System

Health Promotion/ Disease and **Injury Prevention Information**

Book

GOLD A Family Guide to First Aid and **Emergency Preparedness American Red Cross** Community Organization

(nonprofit)

GOLD Well Informed: your guide to health and vitality

> The WorkCare Group, Inc. Media/Publishing

GOLD Self-Care Essentials

Wellness Council of America

Community Organization (nonprofit)

BRONZE Sex And The Heart Addicus Books Media/Publishing

BRONZE How to Build a Fit Company **American Specialty Health** HMO/Managed Care System

BRONZE Weight Loss Confidential Journal Houghton Mifflin Harcourt

Media/Publishing

Health at Every Size MERIT

> **BenBella Books** Media/Publishing

MERIT The Complete Mental

Health Director **Grey House Publishing** Media/Publishing

MERIT Sammie Sportz

My Summer of Sports Safety **Health New England** HMO/Managed Care System

MERIT Weight Loss Confidential

Houghton Mifflin Harcourt Media/Publishing

MERIT Substance Abuse Prevention:

The Missing Pieces J & B Products, Inc. Business (Private) less than 50 employees

Booklet/Brochure/Pamphlet

GOLD EMS Visual Language Translator Kwikpoint

> Business (Private) less than 50 employees

El libro del ambarazo y del bebe GOLD

March of Dimes Community Organization

(nonprofit)

GOLD Time Out For Health Campaign **StayWell Health Management**

Business (Private) 50+ employees

SILVER **Bright Futures Activity Book**

American Academy of Pediatrics

Association/Professional Society

SILVER Puberty in Girls brochure

Healthy Advice Networks

Media/Publishing

A Walking Program For You SILVER

Hope Health

Business (Private) less than

50 employees

SILVER Quitting Tobacco: your journey

to freedom

Intermountain Healthcare

Hospital/Health Care System

SILVER MyPyramid for

Preschoolers Tablet

Learning ZoneXpress

Business (Private) less than

50 employees

SILVER When You Want to Try Again:

Thinking About Pregnancy

March of Dimes

Community Organization

(nonprofit)

Depression Booklet SILVER

MediciGlobal

Pharmaceutical Company

SILVER Wanna Be B.A.D.?

> **Orange County Health** Department

Government (Public Sector)

SILVER Zero Fatalities: Sixteen

Reasons Why Zero Is The Only Acceptable Number

Utah Dept. of Health Violence & Injury Prevention Program

Government (Public Sector)

BRONZE You Can Quit giving up tobacco

> Ceridian / Military OneSource Business (Private) 50+ employees

JUDGES (continued)

Dan Dunlop is President and CEO of Jennings, a North Carolina-based healthcare branding and advertising agency. He is a marketer, blogger, writer and frequent speaker at national and regional conferences, having served on the faculty of numerous conferences. His experience as a brand strategist includes work with numerous hospitals and health systems including Tufts-New England Medical Center, UNC Health Care, Rex Healthcare, Lexington Medical Center and University Health Systems of Eastern Carolina.

Sharon Erdman serves as Creative Director for Strategic Design at Mayo Clinic, Rochester, MN, where her team develops creative solutions to advance Mayo's mission through design. Ms. Erdman's team has received multiple design awards in the areas of patient education and healthcare communications. Prior to joining Mayo Clinic, she served over 15 years as art and creative director in the entertainment/educational industries for clients including Disney®, PBS® and Discovery Channel®.

Sharon R. Foster is a Senior Health Writer for Perot Systems Corporation, a government contractor. She specializes in writing and web content management in the Washington, DC area. Prior to her current position, Ms. Foster spent over 10 years in the health writing and communications field. Through her nonprofit work, she wrote about women's health, health disparities, pharmaceuticals and health promotion/prevention.

Amanda Goetz is the Communication Program Manager at SuperSibs! in Rolling Meadows, IL, a national nonprofit organization that supports brothers and sisters of children with cancer. Ms. Goetz has a variety of experience in the marketing communications industry, previously working as a Web Writer at the University of Notre Dame Law School as well as roles at Red Chicago Marketing and The Silverman Group in Chicago. She holds a M.S. in Health Communication from Boston University and a B.A. in English Writing from St. Mary's College of Notre Dame.

Amy Gross is the Associate Research Manager for Artcraft Health Education in Flemington, NJ. In this role, she writes content for patient and health care professional education tools. Her areas of

	Taking Charge of Your Health The WorkCare Group, Inc. <i>Media/Publishing</i>		Hope Health Business (Private) less than 50 employees	MERIT	Choices Magazine Blue Cross & Blue Shield of RI Insurance Company
BRONZE	The WorkCare Group, Inc. Media/Publishing Healthy Approaches: Taking Charge of Your Health	Calend SILVER	_	IVILNII	Alexandria Campaign on Adolescent Pregnancy Government (Public Sector)
BRONZE	50 employees Healthy Approaches: Getting the Sleep You Need	MERIT	Healthy Approaches: Weight Control for Life The WorkCare Group, Inc. <i>Media/Publishing</i>	MERIT	Handbook Issue Shape <i>Media/Publishing</i> Get Real
BRONZE	About Healthy Weight Loss Strike It Healthy Weight & Health Management Systems, LLC Business (Private) less than		(SAMHSA) / Center for Substance Abuse Preventoin (CSAP) Government (Public Sector)		Northwest Health Winter 2009 Group Health Cooperative <i>HMO/Managed Care System</i> The Live Healthy/Breast Cancer
	Healthy Changes For You Booklet StayWell Health Management <i>Business (Private)</i> 50+ employees	MERIT	Underage Drinking Myths vs. Facts Substance Abuse and Mental Health Services Administration	BRONZE	Healthy Children American Academy of Pediatrics Association/Professional Society
	Northeast Georgia Health System Hospital/Health Care System		Start Foundation Community Organization (nonprofit)	Magazine	
BRONZE	Community Organization (nonprofit) 2009 No Two are the Same Baby Calendar	MERIT	Community Organization (nonprofit) If You Smoke And Are Pregnant North Carolina Healthy	MERIT	National Headache Foundation Logo National Headache Foundation Association/Professional Society
BRONZE	(nonprofit) My Health Journal North Carolina Healthy Start Foundation	MERIT	Business (Private) less than 50 employees Are You Ready for a Baby? March of Dimes		Massachusetts Department of Public Health Government (Public Sector)
BRONZE	Mi Diario de Salud North Carolina Healthy Start Foundation Community Organization	MERIT	50 employees Active Kids Pyramid Tablet Learning ZoneXpress	BRONZE MERIT	PRAM Logo MediciGlobal Pharmaceutical Company "Mass in Motion" Logo
DD ON ZE	Mayo Clinic Hospital/Health Care System	MERIT	Sizing Up Beverages Tablet Learning ZoneXpress <i>Business (Private) less than</i>	Logo E	
BRONZE	(nonprofit) Unruptured Brain Aneurysms		Krames <i>Media/Publishing</i>	WERII	Network Health HMO/Managed Care System
BRONZE	From Hurt to Healing: Dealing with the Death of Your Baby March of Dimes Community Organization	MERIT	JBS International Inc. Business (Private) 50+ employees Pressure Ulcers	Direct	Mail Protect Your Health
	March of Dimes Community Organization (nonprofit)	MERIT	ETR Associates Media/Publishing Older Adults & Alcohol: You Can Get Help		North Carolina Child Care Health & Safety Resource Center Other/Miscellaneous
BRONZE	(nonprofit) Why the Last Weeks of Pregnancy Count	MERIT	Media/Publishing Pregnancy & Meth	MERIT	Business (Private) 50+ employees Child Care Health and Safety Calendar 2009
BRONZE	Pregnancy Baby Book March of Dimes Community Organization	MERIT	Media/Publishing Smoke Free: Your First 30 Days ETR Associates	MERIT	Healthy, Balanced & Well Mirant
	Community Organization (nonprofit)	MERIT	Media/Publishing Lead the Way: Stop Smoking ETR Associates	MERIT	2009 UPMC For Life Calendar American Custom Publishing Corporation HMO/Managed Care System
BRONZE	Words to Know/Palabras que debe saber March of Dimes	MERIT	HIV & Drinking ETR Associates	MEDIT	Publishing LLC Media/Publishing
BRONZE	Losing Weight ETR Associates Media/Publishing	MERIT	Smoking Costs You ETR Associates Media/Publishing	BRONZE	A New Perspective in Wellness 2009 Calendar New Perspective
BRONZE	Sleep in Combat Operations Ceridian / Military OneSource Business (Private) 50+ employees	MERIT	Drinking Doesn't Mix ETR Associates Media/Publishing	BRONZE	HVM Calendar ICF MACRO Government (Public Sector)

MERIT Healthy Living Magazine
Tanner Health System
Hospital/Health Care System

Magazine/Newspaper/ Newsletter Article

GOLD Pain-Proof Your Back

Fitness Magazine of Meredith Corporation

Media/Publishing

SILVER "Sticker shock? Save money on

prescription drugs"

Carrot

Insurance Company

SILVER Dreaming of Better Sleep
Family Circle Magazine of
Meredith Corporation

Media/Publishing

SILVER What's Going On Down There?

Fitness Magazine of Meredith Corporation

Media/Publishing

SILVER Are You at Risk for a

Heart Attack?

Fitness Magazine of
Meredith Corporation

Media/Publishing

SILVER Exercise Does That?

Fitness Magazine of Meredith Corporation

Media/Publishing

SILVER Skin concerns demystified

Group Health Cooperative *HMO/Managed Care System*

SILVER The Killer In Your

Medicine Cabinet

Ladies' Home Journal

Media/Publishing

SILVER Forbidden Foods

Parents Magazine / Meredith Corp.

Media/Publishing

SILVER Fire Alarm

Parents Magazine / Meredith Corp.

Media/Publishing

SILVER Fight Cancer In Your Kitchen

Shape

Media/Publishing

SILVER What Top Docs Wish You Knew

About Heart Disease

Shape

Media/Publishing

SILVER The 9 Most Common Kitchen

Mistakes Even Healthy

Women Make **Shape**

Media/Publishing

BRONZE His Secret Sex Questions

Cosmopolitan magazine

Media/Publishing

BRONZE Your Seven Biggest

Health Questions

Cosmopolitan magazine

Media/Publishing

BRONZE The New Women's Health Threat Fitness Magazine of Meredith

Corporation

Media/Publishing

BRONZE The Skin Cancer Risk You

Don't Know

Fitness Magazine of Meredith Corporation

Media/Publishing

BRONZE Living healthy success stories

Group Health Cooperative *HMO/Managed Care System*

BRONZE Blood sugar basics

Group Health Cooperative

HMO/Managed Care System

BRONZE Funny Business

Health & Fitness Sports Magazine

Media/Publishing

BRONZE Can you spot the hidden

heart dangers?

Redbook

Media/Publishing

BRONZE 8 Things You Always Wanted

to Know About Dieting (But Never Knew Who To Ask)

Shape

Media/Publishing

BRONZE Make This Your Year

Shape

Media/Publishing

BRONZE Be Your Healthiest Today

Shape

Media/Publishing

BRONZE The Diet Secrets of Slim Women

Shape

Media/Publishing

BRONZE 15 Foods That Can Save

Your Heart

Shape

Media/Publishing

BRONZE The 5 Key Nutrients Even

Healthy Women Skimp On

Shape

Media/Publishing

BRONZE 5 Reasons You Should Read

Another Piece About Skin Cancer

Shape

Media/Publishing

MERIT Getting your 40 winks

Group Health Cooperative *HMO/Managed Care System*

JUDGES (continued)

specialty include peripheral neuropathy, stroke, and kidney disease. After graduating with honors with a BA in psychology and English, Ms. Gross spent 6 years writing for the engineering and pharmaceutical industries before joining Artcraft Health Education in 2008.

Jodi L. Herbon-Sjong is the Project Manager for Creative Services at Astellas Pharma US, Inc. in Deerfield, IL. She has been with the company for nearly 19 years, developing the Creative Services department from the ground up. Her core objective is to manage design in the areas of print, animation, and training materials for the entire Astellas company. Ms. Herbon-Sjong has a B.S. in Interior Design and has evolved her design knowledge into graphic design through self-training and core advanced courses.

Monaé Johnson, MPH, MBS, is the Director of Medical Writing Research and Patient Education at Artcraft Health Education in Flemington, NJ. She brings years of clinical research experience working with physicians in various academic and hospital settings.

Ms. Johnson completed her Masters degree in Public Health. While employed at the Johns Hopkins School of Medicine and the Kennedy Krieger Institute, she worked to tackle access to healthcare issues, while improving barriers to care for underserved populations in Baltimore City.

Jane Lange owns Bada Bing Marketing, LLC in Slinger, WI, a marketing consulting firm providing services to national B2B, nonprofits, healthcare and senior housing corporations. Her extensive background in publishing and broadcasting has served well in winning over 25 national awards for her clients.

Kathleen Merz serves as Creative and Editorial Director for *Healthy Advice*Waiting Room Network and Exam Room programs in Cincinnati, OH. Her primary focus is to oversee the creative direction for the print and digital programs in Specialty physician offices. Formerly, Ms. Merz served as scientific editor for *Public Health Reports*, a journal publication from the National Institutes of Health. She was also executive director of *Writer's Digest* magazine and editor of *Personal Journaling* magazine.

MERIT Eat Fruits & Veggies to Lose BRONZE Special Report: MERIT **Healthy Happenings** Weight & Lower the Risk of Women's Heart Health StayWell Custom Type 2 Diabetes Family Circle Magazine of Communications **Hager Sharp Meredith Corporation** Hospital/Health Care System Government (Public Sector) Media/Publishing **MERIT** Your Child's Health The Healthy Back Book **BRONZE** Ten Ways to Prevent StayWell Custom **MERIT** Ladies' Home Journal Type 2 Diabetes Series Communications Media/Publishing **Hager Sharp** Hospital/Health Care System Government (Public Sector) **MERIT** Partners in Wellness The Importance of a Positive BRONZE Health Net Federal Services' Healthy Living Newsletter Doctor-Patient Relationship **GOLD Multiple Sclerosis Association Health Net Federal Services, LLC** of America HMO/Managed Care System take action Community Organization (nonprofit) Newsletter MERIT Stay Safe In The Sun **BRONZE Delaware Blue Member GOLD** Parents Magazine / Newsletter Meredith Corp. **Blue Cross Blue Shield** Media/Publishing (nonprofit) of Delaware **Insurance Company MERIT** Surprising News About Diabetes SILVER Parents Magazine / BRONZE Inside Children's Meredith Corp. Fine Point PR & Advertising Media/Publishing Hospital/Health Care System **MERIT** Take Charge Of Your Work Life! BRONZE Hope Health Letter - June 2008 SILVER **Hope Health** Media/Publishing Business (Private) less than 50 employees **MERIT** The 100% Satisfaction Diet Shape BRONZE Mayo Clinic EmbodyHealth, Media/Publishing September 2008 Mayo Clinic (Mayo Clinic **MERIT** The Healthiest Salads On **Health Solutions, CE5)** The Planet Hospital/Health Care System Shape BRONZE Health Net Federal Services' Media/Publishing **MERIT** Foundations July/August 2008 **Balfour Beatty MERIT** The Health Risk Most Business (Private) 50+ employees Women Ignore Shape **MERIT** Healthy Mind, Healthy Body Media/Publishing Jan. '09 Carrot **MERIT** The Skeptic's Guide To Going Green Insurance Company Media/Publishing **MERIT** Mayo Clinic EmbodyHealth, October 2008 **MERIT** Gorgeous For Life Mayo Clinic (Mayo Clinic BRONZE AccentHealth -Shape **Health Solutions, CE5**) Media/Publishing Hospital/Health Care System Magazine/Newspaper/ **MERIT** NHF Headlines #165 **National Headache** Newsletter Article Series Foundation **MERIT GOLD** Better Health Care Handbook Association/Professional Society **Family Circle Magazine of MERIT** North Carolina Child Care Health **Meredith Corporation** and Safety Bulletin August 2008 MERIT

Media/Publishing **GOLD** Does Cholesterol Really Count? / Would You Know If You Were Having A Heart Attack? Ladies' Home Journal Media/Publishing

GOLD Women's 'Silent' Cancers / Harmful Hysterectomies Ladies' Home Journal Media/Publishing

North Carolina Child Care Health & Safety Resource Center Other/Miscellaneous

MERIT Bye Bye Sugar: The Perils of Sugar **Nutrition News** Education

Other/Miscellaneous Material

My Healthy-Eating Solution: Strategies and tools to **Mayo Clinic Health Solutions** Hospital/Health Care System

2008 Annual Report National Kidney Foundation Community Organization

Personal Needle Disposal Unit **Promotions Unlimited** Business (Private) less than *50* employees

AccentHealth -Blood Pressure Check **Turner Private Networks** AccentHealth Media/Publishing

BRONZE The Facts About HPV 3-D Display **Health Edco** Business (Private) 50+ employees

Food & Exercise Log **Health Net Federal** Services, LLC HMO/Managed Care System

BRONZE AccentHealth - PAD -Peripheral Arterial Disease **Turner Private Networks** AccentHealth Media/Publishing

Alzheimer's Disease **Turner Private Networks** AccentHealth Media/Publishing

Breastmilk is Organic T-Shirt **Childbirth Graphics** Business (Private) 50+ employees Health Net Federal Services'

20 Tips for a Healthy Pregnancy Tip Sheet

Health Net Federal Services, LLC HMO/Managed Care System

MERIT Quit Butts — Your Smoking

Cessation Program help New England, Ilc Business (Private) less than 50 employees

MERIT Diabetic Foot Examination Mirror Promotions Unlimited Business (Private) less than

50 employees

MERIT The MammaCare Personal Learning System with

Palpation Pacing

The Mammatech Corporation

Other/Miscellaneous

MERIT AccentHealth — Recovering from

a Heart Attack

Turner Private Networks

- AccentHealth Media/Publishing

Poster

GOLD Methamphetamine Awareness

& Prevention Poster

Centerstone

Community Organization

(nonprofit)

GOLD LIVESTRONG at School Teaching Guide & Classroom

Poster, Grades 3-6

Lance Armstrong Foundation

Community Organization

(nonprofit)

GOLD Add It Up Poster Set

Learning ZoneXpress

Business (Private) less than

50 employees

BRONZE Healthy Warnings Poster Set

Learning ZoneXpress *Business (Private) less than*

50 employees

MERIT Portion Puzzle Compilation Poster

Learning ZoneXpress *Business (Private) less than*

50 employees

MERIT Have a Heyday with Your

Health Poster

Learning ZoneXpress

Business (Private) less than

50 employees

MERIT Carewise Personal Wellness

Programs - Awareness Poster

SHPS

Business (Private) 50+ employees

Public Service Ad

GOLD Methamphetamine Awareness:

Prevention PSA

Centerstone

Community Organization

(nonprofit)

GOLD Suicide Prevention PSA

featuring Gary Sinise

Office of Veterans Health Communications, Department of V.A.

Government (Public Sector)

SILVER Suicide Prevention PSA featuring

Deborah Norville

Office of Veterans Health Communications, Department

of V.A.

Government (Public Sector)

Radio Reporting

SILVER "I'm a gonna"

Closing the Gap in Health Care, Inc.

Business (Private) less than

50 employees

Total Health Information Program

GOLD dLife and Splenda Diabetes

Food and Nutrition Starter Kit

dLife

Media/Publishing

GOLD Univera Healthcare's

Fun 2B Fit Initiative
Univera Healthcare

HMO/Managed Care System

SILVER Get to the Heart of Your Health

Aetna Customized Communications Group

Other/Miscellaneous

SILVER What Moves U Challenge

American Heart Association

Education

SILVER HAP Weight Wise[™] Program

Participant Guide **Health Alliance Plan** *HMO/Managed Care System*

SILVER Working Well™ Poster Series

Oakstone Publishing

Media/Publishing

SILVER Healthy Strides™ Poster Series

Oakstone Publishing

Media/Publishing

SILVER Save This Brain

Russell Herder

Hospital/Health Care System

BRONZE Smart Choices for Healthy Living

Wellness Campaign
Aetna Customized
Communications Group

Other/Miscellaneous

BRONZE Florida Department of Health

Tobacco Free Florida

Florida Department of Health, Bureau of Tobacco Prevention Program

Government (Public Sector)

BRONZE My Sister's Keeper campaign

Premier Community Health *Community Organization*

(nonprofit)

JUDGES (continued)

Sharee Morse has been the Owner and Creative Director of Morse & Company Advertising Communications, Michigan City, IN, for more than 15 years. Under her creative leadership, Morse & Company is proud to have claimed over 85 international and national design and marketing awards. Prior to Morse & Company, she was the sole proprietor of her own awardwinning commercial art studio, Sharee Morse Studio. Ms. Morse received her degree in Education and Art from Ball State University, and continued her study of art as a graduate student at Indiana University.

Pam O'Brien is the Executive Editor of Fitness magazine, New York, NY, where she directs the magazine's health, nutrition and fitness coverage. She has been Articles Director at Organic Style magazine, responsible for reporting, writing and editing news and health stories; Executive Editor of Ladies' Home Journal, where she worked closely with experts from the National Institutes of Health to put together the magazine's biannual breaking news reports on the state of women's health; and a senior editor at More magazine, specializing in health articles. Ms. O'Brien has appeared on many national TV programs, including Today, The Early Show, Fox News Live and CNN Headline News.

Charlene Padovani, MA, CHES is the Health Initiatives Manager for the Northwest Suburban Region of the American Cancer Society, Arlington Heights, IL. She oversees a staff that is responsible for providing cancer prevention and early detection programming to corporations and community groups in the Northwest suburbs. Additionally, she and her staff implement ACS advocacy initiatives such as Smoke-free Illinois and provide cancer patients and families services such as wigs, referrals, support groups, transportation to treatment and more. Ms. Padovani is a master's prepared certified health education specialist. She has more than 20 years of experience in planning, organizing and implementing health promotion programs in a variety of settings including public health, managed care, hospitals and academia.

2009 NATIONAL HEALTH INFORMATION AWARDS WINNERS **BRONZE CareWise Nurseline General MERIT** Healthy Living **MERIT** Project PACE Video Newsletter and Postcards WorldDoc, Inc. **Dana-Farber Cancer Institute** SHPS Business (Private) 50+ employees Hospital/Health Care System Business (Private) 50+ employees "A Healthy Mouth, MERIT **Total Special Health** A Healthy You" **BRONZE Wachovia Healthy Connections Event Program Delta Dental** New Member Kit **SHPS** Insurance Company SILVER The Countdown to the Business (Private) 50+ employees **NEW You Challenge MERIT** You cannot get HIV ladatt! **National Rural Electric Hawaii Student Television** BRONZE Your Habits, Your Energy **Cooperative Association** & Your GPA (HSTV) Strike It Healthy Weight (NRECA) Education Association/Professional Society & Health Management MERIT Better Breastfeeding: Systems, LLC BRONZE Recess By The River Your Guide to a Healthy Start Business (Private) less than **American Heart Association InJoy Videos** 50 employees Community Organization Business (Private) less than (nonprofit) 50 employees BRONZE "On the Road to Wellness" Health Assessment Promotion **MERIT** 2009 Children's Dental Action Words PSA MERIT UnitedHealthcare, Consumer Health Month KaBOOM! **Communications Solutions Native American Professional** Community Organization *Insurance Company* Parent Resources, Inc. (nonprofit) Community Organization **BRONZE Walkfit MERIT** Breakfast Because Video University of California, Davis (nonprofit) **Learning ZoneXpress** Education **MERIT** Living Well, Learning Well Business (Private) less than **New Courtland MERIT** Worksite Education Program 50 employees **American Specialty Health** Community Organization HMO/Managed Care System (nonprofit) Other/Miscellaneous **MERIT** The Amazing Food Detective TV Ad **Health Information Educational Theatre Programs** Hospital/Health Care System **BRONZE Florida Department of Health** Tobacco Free Florida Book **Short Circuiting Stress MERIT** "Video Game" **Gordian Health Solutions** SILVER Norton Stories: A collection Florida Department of Other/Miscellaneous of Norton Healthcare stories Health, Bureau of Tobacco to warm the heart **MERIT** Health Net Federal Services' **Prevention Program Norton Healthcare Marketing** Eat Right! Healthy Recipes Government (Public Sector) & Communications **Health Net Federal Services, LLC** Hospital/Health Care System HMO/Managed Care System Video **MERIT** Test For Life **GOLD** Bruce Linton: A Diabetes Life **Premier Community Health** With No Limits Community Organization dLife (nonprofit) Media/Publishing **MERIT AOA Total Program GOLD** Protect! Don't Infect! **Purohit Navigation** MERIT **Orange County Health** Medical Communications Handbook Department Healthways Government (Public Sector) Promoting Fitness and Healthy **MERIT** Lifestyles of Older Adults SILVER The SilverSneakers Experience SIT AND BE FIT MERIT **Healthways** Community Organization Consumer Products (nonprofit)

Preterm Labor: Reduce Your

Risk & Learn the Signs

Business (Private) less than

Schwab Rehabilitation Hospital

Hospital/Health Care System

Texas Dept. of State Health

InJoy Videos

50 employees

BRONZE POP (guys): Protecting the

Disability Community

BRONZE FASD: The Effects Are Irreversible

Services, WIC Program

Government (Public Sector)

SILVER

2009 Reach Out Now Materials

Substance Abuse and

Prevention (CSAP)

in Tennessee

(nonprofit)

Mental Health Services

Government (Public Sector)

A-B-C-1-2-3 Healthy Kids

Community Organization

Tn. Cancer Coalition (TC4)

Administration (SAMHSA) /

Center for Substance Abuse

MERIT

MERIT

Booklet/Brochure/Pamphlet **BRONZE Capabilities Brochure** The Roberts Group, Inc. Other/Miscellaneous SilverSneakers Member Consumer Products 2009 Iowa Health System State Legislative Agenda **Iowa Health System** Hospital/Health Care System MERIT Foundation Annual Report 2007 **Multicare Health Systems** Hospital/Health Care System Norton Healthcare Foundation: MERIT Transforming Lives **Norton Healthcare Marketing** & Communications

Hospital/Health Care System

Hospital/Health Care System

& Communications

MERIT

2007 Report to Our Employees

Norton Healthcare Marketing

Calendar

SILVER ORS Be Healthy Calendar

Aetna Customized Communications Group Other/Miscellaneous

MERIT Be Healthy Try One Thing Planner

Aetna Customized Communications Group

Other/Miscellaneous

MERIT Humana Live It Up! Member Calendar 2009

> **Wax Custom Communications** HMO/Managed Care System

Logo Design

CJE SeniorLife Pomegranate Logo **MERIT**

CJE SeniorLife

Community Organization (nonprofit)

Magazine

The Best Advice You'll Ever Get **MERIT**

Fit Pregnancy magazine Media/Publishing

MERIT Baylor Innovations

Wax Custom Communications

HMO/Managed Care System

MERIT Baylor Innovations Winter 2009

Wax Custom Communications HMO/Managed Care System

Magazine/Newspaper/ Newsletter Article

GOLD Could You Save Someone's Life?

> **Fitness Magazine of Meredith** Corporation

Media/Publishing

GOLD Healthy Traveling

> Mayo Clinic Women's **HealthSource**

Media/Publishing

GOLD 10 symptoms not to ignore

Mayo Clinic Women's HealthSource Media/Publishing

SILVER The Shape of Your Sex Life

Shape

Media/Publishing

SILVER How Does My Diet Rate?

Shape

Media/Publishing

BRONZE Facing the unexpected

Group Health Cooperative HMO/Managed Care System

BRONZE Elbow pain (April 2008)

Mayo Clinic Health Letter

Media/Publishing

MERIT Breast imaging (February 2008)

Mayo Clinic Health Letter

Media/Publishing

Excessive sweating (May 2008) MERIT

Mayo Clinic Health Letter

Media/Publishing

The Mother Daughter Bond

Shape

MERIT

Media/Publishing

MERIT Little Steps, Big Results: How To

Change Your Life In One Week

Shape

Media/Publishing

Helping Young Offenders **MERIT**

Return to Communities

Substance Abuse and Mental **Health Services Administration**

Government (Public Sector)

MERIT Suicide Prevention:

> New Media Increase Options Substance Abuse and Mental **Health Services Administration**

Government (Public Sector)

MERIT Veterans & Their Families:

A SAMHSA Priority

Substance Abuse and Mental Health Services Administration

Government (Public Sector)

Magazine/Newspaper/ Newsletter Article Series

GOLD Absolute Advantage

Wellness Council of America

Community Organization (nonprofit)

MERIT ATTITUDE

Knox Marketing Inc.

Media/Publishing

MERIT Thrive

> Knox Marketing Inc. Media/Publishing

Newsletter

GOLD April 2008 issue

> Mayo Clinic Women's **HealthSource**

Media/Publishing

SILVER Live It Up! November 2008

Wax Custom Communications

HMO/Managed Care System

MERIT Mayo Clinic Health Letter

June 2008 Issue

Mayo Clinic Health Letter

Media/Publishing

MERIT Norton News

Norton Healthcare Marketing

& Communications

Hospital/Health Care System

JUDGES (continued)

Dr. Don R. Powell is the President and CEO of the American Institute for Preventive Medicine, Farmington Hills, MI, a URAC Accredited Wellness Company. The Institute is a leading developer and provider of health and productivity management programs. Over 13,000 corporations, hospitals, MCOs, unions, and government agencies use its health risk appraisal, lifestyle change programs, health coaching, self-care guides, newsletters, and health education materials. Dr. Powell is a licensed psychologist who earned his Ph.D. from the University of Michigan. He is the author of fourteen best-selling books including *Healthier at* Home and A Year of Health Hints.

Manda Rice is the Manager of Community Outreach at Toledo Children's Hospital, a 151-bed pediatric hospital in northwestern Ohio. Ms. Rice manages the outreach and community service activities of the hospital, including programs that address childhood obesity, teen dating violence, special needs children, healthy and safe childcare, and injury prevention.

Trent Richardson is a Senior Designer at Astellas Pharma US, Inc., Deerfield, IL, with more than eight years experience in the Biotech and Pharmaceutical industries. He is an accomplished Designer and Illustrator and possesses a master's degree in Biomedical Visualization in addition to his undergraduate studies in Biology and Studio Art.

Leslie Schmidt is Art Director for StayWell Custom Communications in Evanston, IL.

Regina Wiethop is Senior Designer for StayWell Custom Communications in Evanston, IL. Prior to joining StayWell, Ms. Wiethop spent several years working for business-to-business advertising and graphic design agencies, where she designed promotional materials including print ads, brochures, direct mail, newsletters, catalogues and more. In addition, she has extensive experience in production coordination and project management which contributes significantly to her work at StayWell Custom Communications.

MERIT Health Lines Fall 2008 **MERIT** My Smoke-Free Future: SILVER Your First Year with Diabetes, **Wax Custom Communications** Strategies and tools to What to do month by month Hospital/Health Care System take action Garnero Designs, LLC & **Mayo Clinic Health Solutions American Diabetes Assoc.** Delaware Blue Winter 2009 **MERIT** Hospital/Health Care System Association/Professional Society **Wax Custom Communications** HMO/Managed Care System You're Invited -**MERIT** BRONZE Get Better! (bilingual) Brockton Rox invitation Communication Cards for HAO Summer 2008 **MERIT Network Health** Kids & Adults **Wax Custom Communications** HMO/Managed Care System **American Cancer Society** HMO/Managed Care System Association/Professional Society 2007 Report to Our Community **MERIT Provider Connection Winter 2009 MERIT** Norton Healthcare Marketing BRONZE Bladder Matters: A Guide to **Wax Custom Communications** & Communications Managing Overactive Bladder Physician/Group Practice Hospital/Health Care System **Astellas** Sano Spring 2008 Pharmaceutical Company **MERIT MERIT** We Got the Beat - 2008 **Wax Custom Communications** Hemophilia Camp Program **BRONZE Your Healthy Pregnancy** HMO/Managed Care System Simms & McIvor Inc. (Workbook) **Krames** Pharmaceutical Company Newspaper/Newsletter Ad Media/Publishing **MERIT** Achievements/Learning - 2008 BRONZE Father's Day Ad Diabetes Camp Program BRONZE MDA ALS Caregiver's Guide The Roberts Group, Inc. **Muscular Dystrophy** Simms & McIvor Inc. Hospital/Health Care System Association Pharmaceutical Company Association/Professional Society **MERIT** Mother's Day Ad **MERIT AANS Invitation** The Roberts Group, Inc. The Roberts Group, Inc. BRONZE The CareWise Guide: Hospital/Health Care System Hospital/Health Care System Self-Care from Head to Toe **SHPS** Other/Miscellaneous Material Video Business (Private) 50+ employees **HAO Special Edition 2009 BRONZE** The Moose with Loose Poops **GOLD** BRONZE CJE SeniorLife Annual **Wax Custom Communications** The Hippocratic Press Fundraising Video HMO/Managed Care System Media/Publishing **CJE SeniorLife** Community Organization **MERIT** Eating Well Through Cancer SILVER My Weight Solution: Strategies (nonprofit) and tools to take action Artcraft Health Education Medical Communications **Mayo Clinic Health Solutions** BRONZE Good Days, Bad Days Hospital/Health Care System **Fanlight Productions** MERIT Good Beats Blood Pressure Media/Publishing SILVER Wyeth Supports Camp - 2008 Management Book Hemophilia Camp Program **UCare** Collecting Blood Samples: MERIT HMO/Managed Care System Simms & McIvor Inc. Do It Right the First Time Pharmaceutical Company **Texas Department of State** Booklet/Brochure/Pamphlet **Health Services** SILVER 2008 Annual Report Government (Public Sector) The Roberts Group, Inc. GOLD ADHD brochure Hospital/Health Care System **Healthy Advice Networks** Media/Publishing Patient Education BRONZE What You Can Expect in Short-Term Rehabilitation **Information GOLD** Alzheimer's Disease: **Beth Abraham Family of** Unraveling the Mystery **Health Services** JBS International Inc. Book Hospital/Health Care System Business (Private) 50+ employees **GOLD** What Helped Get Me Through: BRONZE CJE SeniorLife Annual Report **GOLD** Autonomic Dysfunction in Teens **CJE SeniorLife** Cancer Survivors Share... **Mayo Clinic American Cancer Society** Community Organization Hospital/Health Care System Association/Professional Society (nonprofit) **GOLD** Nourish: Carewise Personal BRONZE Can Do More Education **GOLD** Raising a Child With Arthritis: Wellness Program for Nourish A Parent's Guide Activities Rewards -Workbook **Arthritis Foundation** 2008 Diabetes Camp Program **SHPS** Community Organization Simms & McIvor Inc. Business (Private) 50+ employees (nonprofit) Pharmaceutical Company SILVER Diabetes "Get in the Zone" **MERIT** 2009 Overseas Network SILVER Cancer Caregiving A to Z: Brochure An At-Home Guide for **Providers Directory Arkansas Foundation for** Patients and Families Blue Cross & Blue Shield **Medical Care** Association **American Cancer Society** Community Organization Association/Professional Society Insurance Company (nonprofit)

SILVER	Diverticular Disease brochure Healthy Advice Networks <i>Media/Publishing</i>	BRONZE	Preparing for Transplant: Body, Mind and Spirit Mayo Clinic	MERIT	High Blood Pressure brochure Healthy Advice Networks <i>Media/Publishing</i>
SILVER	Irritable Bowel Syndrome brochure (HAD) Healthy Advice Networks	BRONZE	For Women with Diabetes: Your Guide to Pregnancy	MERIT	Diabetes brochure Healthy Advice Networks <i>Media/Publishing</i>
SILVER	Media/Publishing Irritable Bowel Syndrome brochure (HAF)		National Institute of Diabetes and Digestive and Kidney Diseases Government (Public Sector)	MERIT	Crohn's Disease brochure Healthy Advice Networks <i>Media/Publishing</i>
CHVED	Healthy Advice Networks Media/Publishing	BRONZE	Healthy Mom, Healthy Baby North Carolina Healthy Start Foundation	MERIT	COPD brochure Healthy Advice Networks
SILVER	Frequent Bladder Urges and Leakage brochure Healthy Advice Networks		Community Organization (nonprofit)	MERIT	Media/Publishing Inside RA LIVE Patient Binder Hudson Medical
SILVER	Media/Publishing Transplantation: What Do I	BRONZE	Mama Saludable, Bebe Saludable North Carolina Healthy Start Foundation		Communications Medical Communications
	Need to Know? Massachusetts General Hospital Transplant Center	DDONZE	Community Organization (nonprofit)	MERIT	Living with heart failure Intermountain Healthcare Hospital/Health Care System
SILVER	NCI's Chemotherapy Side Effects Sheets	BROINZE	Irritable Bowel Syndrome Pri-Med Patient Education Center Media/Publishing	MERIT	Understanding Angina Krames <i>Media/Publishing</i>
SILVER	National Cancer Institute Government (Public Sector) Gastroparesis and	BRONZE	Somatuline Depot Patient Kit Purohit Navigation <i>Medical Communications</i>	MERIT	Maternal Health Consult Krames
	Chronic Dyspepsia Temple University Health System Hospital/Health Care System	BRONZE	Journey: Carewise Personal Wellness Program Journey SHPS	MERIT	Media/Publishing Chiropractic Care for Neck Pain Krames Media/Publishing
BRONZE	Femara Patient Guide Headcan Hospital/Health Care System	BRONZE	Business (Private) 50+ employees Sexuality and Cancer The University of Texas M.D.	MERIT	Signs and Symptoms: Asthma in Children Krames
BRONZE	Kidney Stones brochure Healthy Advice Networks <i>Media/Publishing</i>	MERIT	Anderson Cancer Center Hospital/Health Care System Sickle Cell Hydroxyurea Brochure Arkansas Foundation for	MERIT	Media/Publishing Hip Arthroscopy Krames
BRONZE	Heartburn and Acid Reflux Disease brochure Healthy Advice Networks Media/Publishing		Medical Care Community Organization (nonprofit)	MERIT	Media/Publishing Understanding Atrial Fibrillation Krames Media/Publishing
BRONZE	Fiber brochure Healthy Advice Networks Media/Publishing	MERIT	BD Staying on Target: Can Flexible Therapy Provide More Freedom BD – Becton Dickinson	MERIT	Procedures for Diagnosing Chest and Lung Problems Krames
BRONZE	Frequent Bladder Urges brochure Healthy Advice Networks <i>Media/Publishing</i>	MERIT	Pharmaceutical Company BD Staying on Target:	MERIT	Media/Publishing Facts About Pneumonia Krames
BRONZE	Shaking Your Salt Habit Krames		Carb Counting BD – Becton Dickinson Pharmaceutical Company	MERIT	Media/Publishing Caregiver's Guide for
BRONZE	Media/Publishing High Blood Pressure in African Americans	MERIT	Staying on Target – Your Insulin Adjustment Workbook BD – Becton Dickinson		Chronic Lung Disease Krames <i>Media/Publishing</i>
	Krames Media/Publishing	MERIT	Pharmaceutical Company Health Diary	MERIT	Cosmetic Procedures Krames
BRONZE	The Chiropractic Back Book Krames <i>Media/Publishing</i>		DaVita, Inc. Hospital/Health Care System	MERIT	Media/Publishing Irritable Bowel Syndrome Krames
BRONZE	Teen Orthodontics Krames	MERIT	Cholesterol brochure Healthy Advice Networks <i>Media/Publishing</i>	MERIT	Media/Publishing Facts About Tobacco Use
	Media/Publishing	MERIT	ED (Erectile Dysfunction) brochure Healthy Advice Networks <i>Media/Publishing</i>		Krames Media/Publishing

50 employees

MERIT Chiropractic Care for **MERIT** Partners in Care BRONZE HAO Fall 2008 Carpal Tunnel Syndrome The Methodist Hospital System **Wax Custom Communications Krames** Hospital/Health Care System HMO/Managed Care System Media/Publishing Survivorship: Living With, **MERIT** Anaphylaxis: A Guide for You MFRIT Through and Beyond Cancer **MERIT** Headaches and Me The University of Texas M.D. Allergy & Asthma Network Krames **Anderson Cancer Center Mothers of Asthmatics** Media/Publishing Community Organization Hospital/Health Care System **MERIT** Cosmetic Bonding (nonprofit) **MERIT** AvMed Individual Health Krames Information Kit MERIT Diabetes Self-Management Media/Publishing **Wax Custom Communications** July/August 2008 **MERIT** Birth Control HMO/Managed Care System **Diabetes Self-Management Krames** Media/Publishing Media/Publishing Calendar MERIT destinations **MERIT** Your Cardiac Catheterization StayWell Custom BRONZE Asthma Health Education **Krames** Communications Program Calendar Media/Publishing Hospital/Health Care System American Institute for **MERIT** Your Child's Heart Surgery, **Preventive Medicine Elementary School** Magazine/Newspaper/ Business (Private) less than Mayo Clinic - Section of 50 employees Newsletter Article **Patient Education** BRONZE 2009 Weight Mgt. Health Hospital/Health Care System GOLD Insulin Therapy for Type 2 **Education Program** Diabetes: Getting Started **MERIT** Barrett's Esophagus Pocket Calendar **Diabetes Self-Management National Institute of Horizon Blue Cross** Media/Publishing **Diabetes and Digestive** Blue Shield of NJ and Kidney Diseases **GOLD** Powerful 40 from the HMO/Managed Care System Government (Public Sector) Cleveland Clinic **BRONZE Increlex Calendar Meredith Corporation Pancreatitis MERIT Purohit Navigation** Media/Publishing **National Institute of** Medical Communications **Diabetes and Digestive** GOLD The Scoop on Hidden Sodium MERIT Alere Health Planner English and Kidney Diseases Meredith Corporation & Spanish Editions Government (Public Sector) Media/Publishing **American Custom Publishing GOLD** MS Research Update 2008 **MERIT** What I need to know about Corporation **Diabetes Medicines Multiple Sclerosis Association** Other/Miscellaneous of America **National Institute of** Community Organization **Diabetes and Digestive and** Direct Mail (nonprofit) **Kidney Diseases** Government (Public Sector) **MERIT** Welcome Home - New Movers Getting a Good Night's Sleep SILVER **CPM Marketing Group Arthritis Self-Management MERIT** Stuttering Hospital/Health Care System National Institute on Media/Publishing **Deafness and Other MERIT** Embracing the Miracle of Life SILVER Caring for Your Amazing Hands **Communication Disorders CPM Marketing Group Arthritis Self-Management** Hospital/Health Care System Government (Public Sector) Media/Publishing **MERIT Breast Cancer MERIT** The Art of Healing Hearts SILVER Laughter - Is It Really the **Pri-Med Patient CPM Marketing Group** Best Medicine? **Education Center** Hospital/Health Care System **Arthritis Self-Management** Media/Publishing Media/Publishing Magazine STDs: Sexually Transmitted **MERIT** SILVER Preventing Lyme Disease Diseases GOLD Diabetic Living Winter 2008 **Arthritis Self-Management Pri-Med Patient Meredith Corporation** Media/Publishing **Education Center** Media/Publishing Media/Publishing SILVER What Is Yoga? Walgreens Diabetes & You, SILVER **Arthritis Self-Management MERIT** Stroke: Protecting Your Brain Holiday 2008 Issue Media/Publishing **Pri-Med Patient** H. Crimson Inc. **Education Center** What It Means to Be Resilient SILVER Pharmacy/Drug Store Media/Publishing **Arthritis Self-Management** SILVER POZ Media/Publishing **MERIT** About Metabolic Syndrome **Smart & Strong Strike It Healthy Weight** Diabetes Basics: Using the Label SILVER Media/Publishing & Health Management to Improve Your Table Systems, LLC **Diabetes Self-Management** Business (Private) less than Media/Publishing

SILVER	Diabetes Quiz: How Much Do You Know About Athlete's Foot? Diabetes Self-Management <i>Media/Publishing</i>		Your First Visit to a New Doctor Arthritis Self-Management Media/Publishing	BRONZE	"My Stomach Hurts!" Parents Magazine / Meredith Corp. Media/Publishing
SILVER	Sports & Fitness: Yoga: Uniting Body, Mind and Spirit Diabetes Self-Management Media/Publishing		When Your Legs Ache: Peripheral Arterial Disease and Diabetes Diabetes Self-Management <i>Media/Publishing</i>	BRONZE	When Bread Is The Enemy Parents Magazine / Meredith Corp. Media/Publishing
SILVER	Drugs That Can Worsen Diabetes Control Diabetes Self-Management	BRONZE	How Well Do You Know Your Diabetes Management Plan? Diabetes Self-Management <i>Media/Publishing</i>	BRONZE	Boost Your Energy and Drop Pounds Shape
SILVER	Media/Publishing Sports & Fitness: Making Exercise More Fun Diabetes Self-Management Media (Publishing)	BRONZE	Continuous Glucose Monitoring: Making Sense of Your Numbers Diabetes Self-Management <i>Media/Publishing</i>	BRONZE	Media/Publishing What's Really Making Your Back Hurt Shape
SILVER	Media/Publishing Need Health Care, Will Travel Fitness Magazine of Meredith Corporation Media/Publishing	BRONZE	Anti-Inflammatory Diets: Hype or Hope? Diabetes Self-Management <i>Media/Publishing</i>	BRONZE	Media/Publishing Gyno Problems You Shouldn't Ignore Shape Media/Publishing
SILVER	Are Your Health Records at Risk? Fitness Magazine of Meredith Corporation	BRONZE	When Viagra Doesn't Work: Treating Erectile Dysfunction Diabetes Self-Management <i>Media/Publishing</i>	MERIT	Talking With Your Doctor Arthritis Self-Management Media/Publishing
SILVER	Media/Publishing Step Up MediZine Consumer Products		Top Tips for Healthier Eating Diabetes Self-Management <i>Media/Publishing</i>	MERIT	Making Universal Design Work for You Arthritis Self-Management <i>Media/Publishing</i>
SILVER	Breaking the Autoimmune Code MediZine Consumer Products		Food Scoring for Better Nutrition Diabetes Self-Management <i>Media/Publishing</i>	MERIT	Easier Computing Arthritis Self-Management Media/Publishing
SILVER	The Amazing Life of a Fat Cell MediZine Consumer Products	BRONZE	Advances in Medical Technology: Improving Diabetes Care Diabetes Self-Management <i>Media/Publishing</i>	MERIT	What Is Quality of Life? Arthritis Self-Management Media/Publishing
SILVER	Get Smart About Asthma Parents Magazine / Meredith Corp.	BRONZE	Diabetes Basics: What to Expect in the Hospital Diabetes Self-Management	MERIT	Managing RA Flare-Ups Arthritis Self-Management <i>Media/Publishing</i>
SILVER	Media/Publishing The Truth About ADHD Parents Magazine / Meredith Corp.	BRONZE	Media/Publishing Attention, Shoppers! Health Exam in Aisle 2 Fitness Magazine of	MERIT	Drugs and the Aging Body Arthritis Self-Management <i>Media/Publishing</i>
SILVER	Media/Publishing Beating Breast Cancer Shape	BRON7F	Meredith Corporation Media/Publishing A New Look at Diabetes	MERIT	Diabetes Resources: All About Walking Diabetes Self-Management <i>Media/Publishing</i>
SILVER	Media/Publishing 14 Allergy Strategies That Bring Relief FAST		JAM Communications Media/Publishing Better Solutions	MERIT	Diabetes Basics: Keeping Your Eyes Healthy Diabetes Self-Management
BRONZE	Shape Media/Publishing Taking Your Medicines Safely		MediZine Consumer Products Stopping the Hurt	MERIT	Media/Publishing Glycemic: Index Update Diabetes Self-Management
	Arthritis Self-Management Media/Publishing Is Weight-Loss Surgery Right		MediZine Consumer Products Stop the Hurt	MERIT	Media/Publishing Diabetes Basics: Thinking About Having a Baby
BROWLL	for Me? Arthritis Self-Management Media/Publishing		MediZine Consumer Products	MEDIT	Diabetes Self-Management <i>Media/Publishing</i>
BRONZE	Getting Disability Benefits Arthritis Self-Management <i>Media/Publishing</i>	RKUNZE	Clean & Green MediZine Consumer Products	MERIT	Type 2 Diabetes: Are We Closer to Knowing "Why?" Diabetes Self-Management <i>Media/Publishing</i>

MERIT Life's Breath MERIT Abbott Cad Risk Calculator Other/Miscellaneous Material MediZine (European) **SILVER** How to Keep Your New Kidney Consumer Products Headcan Healthy After Transplant Hospital/Health Care System **Eyesight Insights MERIT Artcraft Health Education** MediZine **MERIT** Purdue Pain Assessment Tool Medical Communications Headcan Consumer Products Symbicort Bronchus Model SILVER Hospital/Health Care System **MERIT Bioidentical Hormones Artcraft Health Education** MediZine MERIT Post Stent Educational Kit Medical Communications Consumer Products Headcan SILVER **Cancer Treatment Binder** Hospital/Health Care System **MERIT** Seizing the Moment **Knox Marketing Inc.** MediZine **MERIT** Inside RA LIVE Small Flipchart Media/Publishing **Hudson Medical** Consumer Products **SILVER** The Cancer Survival Toolbox: **Communications MERIT** "Not Enough ZZZzzzs?" Quest Living with Multiple Myeloma Medical Communications magazine March/April 2008 **National Coalition for Muscular Dystrophy** MERIT 2007 Norton Cancer Institute **Cancer Survivorship Association** Annual Report Community Organization Association/Professional Society **Norton Healthcare Marketing** (nonprofit) & Communications SILVER AccentHealth -Hospital/Health Care System Magazine/Newspaper/ **Developmental Milestones** Newsletter Article Series **MERIT** AccentHealth — Breastfeeding **Turner Private Networks Turner Private Networks** - AccentHealth Living Without Limits for Kids **GOLD** AccentHealth Media/Publishing **AmerisourceBergen** Media/Publishing Pharmacy/Drug Store **BRONZE Sokal Score Calculator** MERIT AccentHealth -Headcan **GOLD** Recipe Makeovers Introducing a Sibling Hospital/Health Care System **Diabetes Self-Management Turner Private Networks** Media/Publishing **BRONZE** Bariatric Flip Chart AccentHealth **Knox Marketing Inc. GOLD Autism Series** Media/Publishing Media/Publishing Redbook Media/Publishing Photo/Illustration BRONZE Mercy Starts With Me Mercy Health System **SILVER** Living Without Limits **GOLD** Healthy Advice for Your Child Hospital/Health Care System **AmerisourceBergen** Medical Illustrations flip chart Pharmacy/Drug Store BRONZE Educational injection cube **Healthy Advice Networks Promotions Unlimited** Media/Publishing Newsletter Business (Private) less than MERIT Healthy Advice for You and 50 employees Your Family Medical Illustrations **BRONZE Living Without Limits** BRONZE AccentHealth - Picky Eaters **AmerisourceBergen** flip chart **Turner Private Networks Healthy Advice Networks** Pharmacy/Drug Store Media/Publishing AccentHealth **BRONZE Living Without Limits for Kids** Media/Publishing **AmerisourceBergen** Poster Pharmacy/Drug Store BRONZE AccentHealth — Lupus **Turner Private Networks GOLD** Eloxatin Colon Poster **BRONZE** Health Today AccentHealth Headcan **CPM Marketing Group** Media/Publishing Hospital/Health Care System Hospital/Health Care System **Breast Cancer Model MERIT** SILVER Guide To Prostate Health **MERIT** RA Today with Tear Pad AccentHealth **Arthritis Foundation Artcraft Health Education** Media/Publishing Community Organization Medical Communications (nonprofit) SILVER Know the Warning Signs of **MERIT** Patient Peripheral Neuropathy Kidney Transplant Rejection **MERIT** Kids Get Arthritis Too Awareness Kit Poster **Arthritis Foundation Artcraft Health Education Artcraft Health Education** Community Organization Medical Communications Medical Communications (nonprofit) BenzaClin Taking Care of MERIT SILVER Memory Loss & Alzheimer's **MERIT** InTouch Newsletter Your Skin Easel (Spanish) Disease (Sept. 08) **PVHMC Cancer Center Artcraft Health Education Pri-Med Patient** Hospital/Health Care System Medical Communications **Education Center MERIT Energize: Carewise Personal** Media/Publishing Biaxin Pediatric Tips **MERIT** Wellness Program for Energize Headcan BRONZE Guide To Healthy Eating Pharmacy/Drug Store AccentHealth Business (Private) 50+ employees Media/Publishing

MERIT	AccentHealth Waiting Room Network			Total Special Health Event Program	
MERIT	Guide To Reducing Stress AccentHealth Media/Publishing	SILVER	Education Advice for Your Child Healthy Advice Networks	MERIT	The Many Faces of Breast Cance Zeno Group <i>Pharmaceutical Company</i>
MERIT	Osteoarthritis (OA) of the Knee		Media/Publishing	TV Ad	
	Artcraft Health Education Medical Communications	BRONZE	JumpStart Alzheimer's Family Services Center	GOLD	"Medical Minute Extra" with Dr. Jacob
MERIT	Colorectal Cancer (March 08) Pri-Med Patient Education Center		Community Organization (nonprofit)		The Roberts Group, Inc. Hospital/Health Care System
MERIT	Media/Publishing Preventing Strokes (May 2008)	BRONZE	Tamiflu Influenza Kit Headcan	MERIT	"Medical Minute Extra" with Dr. Heid The Roberts Group, Inc.
	Pri-Med Patient Education Center	BRONZE	Nurses/Allied Health Professionals Healthy Advice Urology	MERIT	Hospital/Health Care System "Medical Minute Extra"
MERIT	Media/Publishing Feeling Lost Poster		Healthy Advice Networks <i>Media/Publishing</i>	WERIT	with Dr. Christian-Ritter The Roberts Group, Inc.
	Screening for Mental Health Government (Public Sector)	BRONZE	Open Airways for Schools Krames <i>Media/Publishing</i>	1/2.4.	Hospital/Health Care System
MERIT	SOS: Signs of Suicide Poster Screening for Mental Health	RD∩N7E	Shine: Carewise Personal	<u>Video</u>	
Dadio	Education	BROINZE	Wellness Program for Pre-Disease	GOLD	Old Wives' Tales: Breast Cancer and Bras Healthy Advice Networks
Radio Ad			Business (Private) 50+ employees		Education
BRONZE	Temple Lung Center Radio Ads Temple University Health System Hospital/Health Care System	MERIT	Taxotere Patient Booklet Library Headcan Hospital/Health Care System	GOLD	Healthy Eating Tips: Serving Size Reminders Healthy Advice Networks Education
MERIT	Radio Ad: Financial Concerns of Cancer Survivors Lance Armstrong Foundation	MERIT	Pegasys Resource Tools Headcan Hospital/Health Care System	GOLD	Skin Myths on Trial: Acne Care Healthy Advice Networks <i>Education</i>
Dadio	Community Organization (nonprofit) Reporting	MERIT	Creating Racial/Ethnic Equities in Diabetes Healthcare Health Management Corporation	GOLD	After An Attempt: A Video Guide for Survivors of Suicide Attempts ICF MACRO
	Your Waistline		Corporation Other/Miscellaneous		Business (Private) 50+ employees
BROINZE	Closing the Gap in Health Care, Inc. Business (Private) less than 50 employees	MERIT	Healthy Advice Patient Info handouts for Adults: Spanish-Language Series Healthy Advice Networks	GOLD	Brain Port Serac Adventure Films Business (Private) less than 50 employees
Total F	Health	MERIT	Media/Publishing Healthy Advice Patient Info	GOLD	Skin Cancer Prevention The University of Texas M.D.
<i>Inforn</i> GOLD	nation Program Healthy Advice for You	·	handouts for Parents: Spanish-Language Series		Anderson Cancer Center Hospital/Health Care System
GOLD	and Your Family Healthy Advice Networks	MEDIT	Healthy Advice Networks Media/Publishing	SILVER	Smoking and Your Skin Healthy Advice Networks <i>Education</i>
GOLD	Media/Publishing LIVESTRONG Guidebook Lance Armstrong Foundation Community Organization	MERIT	Arthritis Care, Waiting Room Network Healthy Advice Networks Education	SILVER	Positions for Labor: Maternal Movement & Optimal Fetal Positioning
GOLD	(nonprofit) The Teaching Book module of	MERIT	Balance: Carewise Personal Wellness Program for Weight		InJoy Videos Business (Private) less than 50 employees
	'scripts from Pritchett & Hull Pritchett & Hull Associates, Inc. Business (Private) less than		Management SHPS <i>Business (Private) 50+ employees</i>	SILVER	Living with an Ileostomy Mayo Clinic
	50 employees	MERIT	Creating Racial/Ethnic Equities in		Hospital/Health Care System
SILVER	Cerezyme Patient Support Program Big Arrow Group Pharmaceutical Company		Diabetes Healthcare WellPoint, INC./HMC Other/Miscellaneous	BRONZE	Transplant Patient Education Series — Lung Corporate Edge, Inc. Hospital/Health Care System

BRONZE Facing Ovarian Cancer: A Woman's Guide Fanlight Productions Media/Publishing	MERIT	Making Connections: The Doctor-Patient Relationship Aquarius Health Care Media Business (Private) less than	MERIT	Quick Quiz: Eating Disorder Signs Healthy Advice Networks <i>Education</i>
BRONZE Looking Ahead: Choices for Medical Care When You're Seriously III Health Dialog	MERIT	50 employees Eloxatin Therapy Patient Introduction To Treatment Tool Headcan	MERIT	HPV Vaccine Healthy Advice Networks <i>Education</i>
Other/Miscellaneous BRONZE Spotting Skin Cancer as	MERIT	Hospital/Health Care System Food and Your Face	MERIT	Kegels and Incontinence Healthy Advice Networks <i>Education</i>
Easy as ABCD Healthy Advice Networks	WILKII	Healthy Advice Networks Education	MERIT	Diabetes-Friendly Food Shopping Tips
Education BRONZE ICD Treatments	MERIT	Healthy Advice Networks		Healthy Advice Networks Education
Healthy Advice Networks <i>Education</i>	MERIT	Education Make the Most of Your Doctor Visit Healthy Advice Networks Education	MERIT	LIVESTRONG: A Podcast Series for Young Adults with Cancer Lance Armstrong Foundation <i>Community Organization</i> (nonprofit)
BRONZE Diabetes Compliance: Foot Problems Healthy Advice Networks				
Education BRONZE Your Premature Baby: 3 Volume Set	MERIT	Heartburn and Gum Healthy Advice Networks <i>Education</i>	MERIT	Your Facial Plastic Surgery Mayo Clinic Rochester Hospital/Health Care System
InJoy Videos Business (Private) less than 50 employees	MERIT	Understanding Salt Substitutes Healthy Advice Networks <i>Education</i>	MERIT	How I Got My Life Back For Teens With Chronic Pain and Fatigue
BRONZE Understanding and Managing Your Bowel Function The University of Texas M.D.	MERIT	Treating Actinic Keratoses Healthy Advice Networks <i>Education</i>		Mayo Clinic Section of Patient Education Hospital/Health Care System
Anderson Cancer Center Hospital/Health Care System			MERIT	A Different Kind of Courage DVD Screening for Mental Health <i>Government (Public Sector)</i>

Thank you again to all of our entrants and judges!

Interested in serving as a judge for the 2010 awards program?

Complete a Call for Judges request at www.healthawards.com,
e-mail us at info@healthawards.com,
or call Patricia Henze at 847-816-8660.



About the Health Information Resource Center[™]

The Health Information Resource Center[™] (HIRC) is a national clearinghouse for consumer health information professionals.

In addition to the **National Health Information Awards**SM, other HIRC programs include: the **Web Health Awards**SM, **Family Health & Fitness Day USA**SM, and **National Women's Health & Fitness Day**SM. Both fitness events are held annually, in late September. Visit **www.fitnessday.com** for complete details.

For more information on any of these products and services, please call the HIRC at 847-816-8660, Fax: 847-816-8662.

E-mail: info@healthprograms.com

Congratulations to all of this year's winners!



Plan Now For 2010!

17th Annual National Health Information Awards

For Entry and Sponsorship Information:

Health Information Resource Center 1850 West Winchester Road, Suite 213 Libertyville, IL 60048-5355 847-816-8660 • Fax: 847-816-8662 **E-mail** info@healthawards.com **Web** www.healthawards.com

The Health Information Resource Center (HIRC), a national private sector clearinghouse for consumer health information programs and materials, was founded in 1994 to provide information and referral services to professionals. It coordinates the annual *National Health Information Awards*[™], the Web Health Awards[™], National Women's Health & Fitness Day USA[™].

For information on HIRC membership, programs and materials, contact Patricia Henze, Executive Director, at 800-828-8225.